

April

April 1st- April 26th

Week #1: 1st - 5th
Week #2: 8th - 12th
Week #3: 15th - 19th
Week #4: 22nd - 26th

4TH - 8TH Grade Food Court Menu

Choose **THREE OR MORE COLORS** for a complete meal. One must be **RED** or **GREEN**.

meat/meat alternative	grain	vegetable	fruit*	milk

Hot Entrees

Choose from several fruit and veggie choices daily

BIG Daddy's CHEESE Pizza

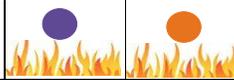


BIG Daddy's PEPPERONI Pizza

--	--	--	--	--

ANGRY BIRD

CHICKEN SANDWICH



CHEESEBURGER PANINI

melted american cheese on top seasoned hamburger served hot and pressed on cuban bread.

--	--	--	--	--

MACHO NACHO

GROUND BEEF TACO SEASONED, SERVED WITH NACHO CHIPS, CHEESE SAUCE, AND SALSA

--	--	--	--	--

Cold Entrees

Choose from several fruit and veggie choices daily



SPICY CHICKEN WRAP



SOUTHWEST CHICKEN SALAD

mojo grilled chicken breast served over a hearty bed of romaine lettuce with black beans, corn, sals, tortilla rounds and chipotle ranch dressing

--	--	--	--	--



PEANUT BUTTER & JELLY



CHICKEN CAESAR SALAD

Romaine lettuce, grilled chicken, parmesan cheese, caesar dressing



--	--	--	--	--

Ham & Cheese Sandwich



GRAB & GO
ALWAYS FAST - ALWAYS FRESH

--	--	--	--	--

Weekly Special

Choose from several fruit and veggie choices daily

PIZZA CRUNCHERS



Toasted mozzarella crunchers with marinara in every bite! Comes with marinara for dipping

Week #1

--	--	--	--	--

MACARONI & CHEESE

WHOLE GRAIN PASTA SWIMMING IN GOLDEN CREAMY CHEESINESS

Week #2

--	--	--	--	--

CHICKEN ALFREDO



GRILLED CHICKEN BREAST, HOMEMADE ALFREDO SAUCE OVER PENNE PASTA

Week #3

--	--	--	--	--

Tater Tot Nachos a.k.a. Tachos

Tater Tots smothered with taco seasoned ground beef, cheese sauce & salsa

Week #4

--	--	--	--	--

Students can choose 1% white milk -or- non-fat chocolate milk (1 cup eq)

*Some whole fruits count as TWO 1/2 cup servings. For example an average sized apple would be considered TWO 1/2 cup servings in and of itself. At least half of the fruits consumed per day should come from whole fruits (fresh, canned, frozen or dried). Students can choose up to TWO 1/2 cup servings of FRESH or cupped fruit and/or hot or cold vegetables every day

A food component is one of five food groups, in which a minimum of three needs to be selected to make a reimbursable meal. These are protein, grains, vegetables, fruit and fluid milk*

A food item is a specific food offered within the food components, for example, 2 slices of whole grain-rich bread, 1 cup of grapes, and 1 cup of milk. This meal meets OVS lunch requirements because three food components are selected out of the five food items offered.

USDA Nondiscrimination Statement

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online, at https://www.ascr.usda.gov/sites/default/files/USDA-OASCR%20Complaint_Form-0508-0902-508-11-28-171ac2Mail.pdf, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

mail:
U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or
fax:
(833) 256-1665 or (202) 690-7442; or
email:
Program.Intake@usda.gov

This institution is an equal opportunity provider.

What Makes A LUNCH

SELECT 3-5 ITEMS:

	GRAINS PROTEIN	
VEGGIE	FRUIT	

one must be a **FRUIT** or **VEGGIE**